Engaging Your Public Library in Your Dementia Friendly Efforts
ACT Learning Summit
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American Library Association

Tales and Travel - http://talesandtravelmemories.com/

Tales and Travel Memory Programs
Oh the places we will go.
Five Million and Counting
Educational Programs at Libraries

Special Collections for Caregivers

Programs provided by outside organizations
Let’s go one step further...Mission Statements

Non-pharmacological Interventions

Music Therapy

Art Therapy

Michelle Bourgeois research
The stigma of dementia persists...

Person Centered Care

- The whole person
- Physical
- Social/Cultural
- Environmental
- Occupational
- Spiritual
- Emotional
- Intellectual
What are libraries already doing to directly serve persons living with dementia?

• Some case studies
• Tales and Travel
• Stories for Life
• Memory cafes
• Technology
• Circulating kits

Tales & Travel Memories Program
Gail Borden Public Library District – Elgin, IL

Tales & Travel in Action
FOLKTALES, MYTHS, LEGENDS, HISTORICAL/BIOGRAPHICAL STORIES

FIVE FACTS ABOUT MEXICO

1. El Popocatépetl volcano has erupted 14 times in the last 500 years. Its name means "smoking mountain" in the Aztec language, Nahuatl.

2. Mexico is the world’s largest producer of silver. In 2000, Mexico produced over 5 million pounds of silver!

3. Descendants of the Aztec people still live in Mexico today, and continue to speak Nahuatl.

4. The Azteca soccer stadium is the largest in the world. It seats over 100,000 fans.

5. Mexico is home to many beautiful and exotic animals, including monarch butterflies, jaguars, iguanas, and hummingbirds.

ADULT COLLECTION
Example of Middle/Primary book read during a program

Supplementary Materials
- Souvenirs /Artifacts
- Food
- Coloring pages
- Music CDs

Library Staff and Volunteers Interact with Participants
Tales & Travel Memories
selected by the Library of Congress as
a 2017 Best Practice Honoree

Springfield-Greene County Library
Springfield, MO

Stories for Life

We Reminisce & Learn About a Range of Topics
Memory Cafes are social gatherings for those who are experiencing early stage dementia, mild memory loss or mild cognitive impairment, and a family member or care partner. Cafes serve as places to have fun, find support, and share experiences.

Partnership between 8 public libraries in the Milwaukee and Waukesha counties of Wisconsin.

Partner libraries take turns hosting monthly Memory Cafes.

Find more information at www.librarymemoryproject.org.
Memory Care and Technology Program
Worthington Libraries - Worthington, OH

- Goal of the program is to expose residents to new technology and stimulate their minds and memory by playing games on library iPads.
- Unique program is a great way to interact with this wonderful segment of our community so deserving of fun and engagement while they live with memory loss and Alzheimer’s.
- For more information go to http://www.ala.org/pla/onlinelearning/webinars/ondemand/memory.

ElderPlus Reading Program
Johns Hopkins Bayview Medical Center - Baltimore, MD

- While some of the participants in this adult day care program can still read, many others prefer to listen to the “Library Lady” read to them.
- They participate through nods and smiles and enjoy hearing short stories from the past that they can identify with, which are often found in magazines such as Good Old Days and Reminiscing.
- Storytelling will soon be added to the program which has become a permanent part of the Hopkins ElderPlus monthly programming.

Reminiscence/Circulating Kits

- Libraries are beginning to create these kits
- Designed for individuals living at home or for activity directors to borrow for programming at their organizations
- Can be tailored to the needs and interests of each community
- Can be put together rather inexpensively
Tales and Travel Circulating check out kits

- Ideal for Caregivers to Check Out
- Extra Supplemental Materials

Each kit consists of:
- All associated with the specific kit destination
- 5 nonfiction highly illustrated books
- 1 folktale
- 1 doll
- 1 flag
- 1 music CD
- 1 DVD
- 1 inflatable globe and pump
- Caregiver Binder with more info about the library outreach program the kits are based off of

8 kits circulating at 2 locations since Feb 2016
Caregiver Kits
St. Charles Public Library - St. Charles, IL

- Promote memory stimulation, inspire meaningful conversation, and encourage continuing education for individuals who have Alzheimer's disease and dementia.
- Enjoyable reminiscence activity or conversation starter for a caregiver to use with someone who has dementia.
- Kits include varied combinations of a DVD, music CDs or a coffee table book.
- Each kit is themed to spark different memories.
- Featured themes are ones the older adult population would remember growing up:
  - "Laughing with Lucy"
  - "Chicago Sports"
- Kits are located in a Caregiver Kiosk which debuted at the end of August 2016.

Educational & Engagement Kits
St. Charles Public Library - St. Charles County, IL

- Promote memory stimulation, inspire meaningful conversation, and encourage continuing education for individuals who have Alzheimer's disease and dementia.
- Specifically used for outreach programming to facilities.
- Each kit has a theme older adults will relate to.
- Kits contain:
  - 10 booklets with researched facts & photos
  - Each booklet is 10-14 pages & laminated
  - 4-5 objects on the theme to enhance the kit.
Stories for Life Kits
Springfield-Greene County Library - Springfield, MO

- Promote memory stimulation, inspire meaningful conversation, and encourage continuing education for individuals who have Alzheimer's disease and dementia
- For outreach programming to facilities & individual check out
- Locally grant funded to create 25 thematic kits
- Many of the popular programs were translated into a kit
  - Animals, Rural Medicine, Grandma Moses, Space Race, History of Springfield Baseball, Cowboys and Outlaws
- Designed by following the principles of person-centered care
- Content driven by theme & available resources

Effingham Public Library (IL)
Forget Me Not Resource Center

Baking, sewing, and farming
Reminiscence Toolkits
Memory Minder Kits
Ramsey County Library, Roseville & Shoreview, MN

For more information, feel free to contact Carol Jackson at the Shoreview, MN library - cjackson@ramsey.lib.mn.us

Watch a TV spot on ABC5/KSTP
How to reach out to your public library

• Invite your library to participate in your local dementia friendly effort
• Who to talk to
  • Board of Trustees
  • Library Director
  • Outreach Librarian
• What information to share with them
  • Examples of what other libraries are doing
  • Articles in library journals about serving this population
  • Research about how beneficial library related resources are for people living with dementia

Minnesota Libraries

• Minnesota Department of Education/State Library Services
  • 12 library systems – [link]
• County libraries
  • Hennepin County Library – 43 locations with one Board of Trustees
  • Outreach Services – [link]
  • East Central Regional Library - Aitkin, Chisago, Isanti, Kanabec, Mille Lacs and Pine Counties
  • Outreach Services – [link]
• City Libraries
  • Granite Falls Public Library
  • Reports to City Council
  • Member of Pioneerland Library System
  • Find their mission/vision statements on their websites
  • Find staff directory online – look for library director, branch managers or outreach librarians
• Minnesota Library Association
  • [link]
  • Submit proposal for poster or program at their annual conference

RAILS Serving Patrons with Dementia Group

• [RAILS logo]

• [RAILS Serving Patrons with Dementia Group website]

• [RAILS Serving Patrons with Dementia Group poster]
Anticipate questions/concerns

- Staff training
  - Offer dementia friendly training to library staff as a part of your larger effort
  - Possible partnerships with local service providers

- Amount of staff time required
  - Don’t reinvent the wheel – adapt what other libraries have done for your community
  - Start small and grow over time
  - Establish partnerships with other libraries in geographical area

- Funding for materials
  - Use items donated by public or withdrawn from the library’s collection
  - Ask Friends of Library or other local philanthropic organizations to help with initial funding

Selected Resources

- Tales and Travel Memories – website and video. http://talesandtravelmemories.com/

Contact Information

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