If you would like assistance with ordering one of these products or devices, contact one of the following agencies:

Northwoods Caregivers
616 America Avenue, Suite 170, Bemidji
218-333-8265
1-888-534-4432

Adult Day Services
620 Carr Lake Road SE, Bemidji
218-751-1324

Choice Therapy
3835 Supreme Court NW, Suite 2, Bemidji
218-444-8280

Sanford Community Health Worker Program
1233 34th Street NW, Bemidji
218-333-4839

Community Resource Connections at Northern Dental Access Center
1405 Anne Street NW, Bemidji
218-333-6856
1-888-722-9302

Are you a caregiver for someone with dementia or Alzheimer’s disease?
You may also want to order a medical identification product for yourself. If you are injured or have a medical emergency, it would let first responders know that you are responsible for a person with dementia.

Wandering: WHO’S AT RISK?
Six in ten people with dementia will wander. People can wander or become confused about their location at any stage of Alzheimer’s disease, even the early stages. Wandering among people with dementia is dangerous, but there are strategies and services that can help. It is important to plan ahead for this type of situation. Be on the lookout for the following warning signs:

- Returns from a regular walk or drive later than usual.
- Tries to fulfill former obligations, such as going to work.
- Tries or wants to “go home,” even when at home.
- Is restless, paces or makes repetitive movements.
- Has difficulty locating familiar places like the bathroom, bedroom or dining room.
- Asks the whereabouts of current or past friends and family.
- Acts as if doing a hobby or chore, but gets nothing done.
- Appears lost in a new or changed environment.

This guide provides a sample of wearable products and devices for identification and tracking. ACT on Alzheimer’s and the listed agencies do not make recommendations about these products, nor do we guarantee their effectiveness.
<table>
<thead>
<tr>
<th>NAME</th>
<th>SIZE</th>
<th>PRICE</th>
<th>FEES</th>
<th>FEATURES</th>
<th>CONTACT INFORMATION</th>
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<tr>
<td><strong>IDENTIFICATION</strong></td>
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<tr>
<td>Road ID</td>
<td>ID Size: ¾” x 1 ¾” Wristband Width: ¾”</td>
<td>$20-40</td>
<td>$9.99/year optional for online emergency medical information</td>
<td>• Bracelet or silicone band, inscribed tag • Option for caregiver ID band • Interactive option for online medical information storage</td>
<td><a href="http://www.roadid.com">www.roadid.com</a> 800-345-6336</td>
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<tr>
<td>Elegant Medical Alert</td>
<td>Sizes vary</td>
<td>$35+</td>
<td>None</td>
<td>• Bracelet, necklace, pendant, watch, anklet • Stainless steel, silver, gold, sport bands • USB option for direct access to electronic medical records</td>
<td><a href="http://www.elegantmedicalalert.com">www.elegantmedicalalert.com</a> 800-549-4347</td>
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<tr>
<td>MedicAlert + Safe Return Alzheimer’s Association</td>
<td>Bracelet ID Size: 1 ⅜” x ⅜” Necklace ID: 1 ¼” diameter</td>
<td>$62 including one year $35/year caregiver ID</td>
<td>$35/year after 1st year</td>
<td>• Personalized bracelet or necklace • 24/7 emergency response service • Emergency medical record &amp; advance directive storage</td>
<td><a href="http://www.medicalert.org/">www.medicalert.org/</a> safereturn 800-432-5378</td>
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<tr>
<td><strong>TRACKING</strong></td>
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<tr>
<td>Comfort Zone CHECK-IN Alzheimer’s Association</td>
<td>2 ¾” (H) x 1 ⅜” (W) x ⅓” (D)</td>
<td>$99</td>
<td>$9.99-14.99/month</td>
<td>• Pocket, pendant or wristband • Scheduled daily email/text location alerts • Online management of pre-set zones and notification • “Follow” allows 60 minute monitoring • 24/7 emergency response service</td>
<td><a href="http://www.alz.org/comfortzone">www.alz.org/comfortzone</a> 877-259-4850</td>
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<tr>
<td>PocketFinder GPS Senior Tracker</td>
<td>2” (W) x 2 ⅝” (H)</td>
<td>$129.95</td>
<td>$12.95/month</td>
<td>• Pocket, purse, or belt • Track using website or mobile apps • Set geo-fence zone • Sends alert when device leaves zone</td>
<td><a href="http://www.pocketfinder.com">www.pocketfinder.com</a></td>
</tr>
<tr>
<td>Comfort Zone Alzheimer’s Association</td>
<td>2 ¾” (H) x 1 ⅜” (W) x ⅓” (D)</td>
<td>$199 + $49.99 activation fee</td>
<td>$39.99-49.99/month</td>
<td>• Wrist watch, pocket, or car device • Online management of alerts &amp; pre-set zones • Sends alert when device leaves zone • Checks location every 15 or 30 minutes • 24/7 emergency response service</td>
<td><a href="http://www.alz.org/comfortzone">www.alz.org/comfortzone</a> 877-259-4850</td>
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<tr>
<td>TRILOC GPS Locator</td>
<td>2 ¾” x 2 ¾” (H) x 3.1 oz</td>
<td>$299.98</td>
<td>$29.99/month</td>
<td>• Watch with lockable clasp • Fall detection, emergency response button • Two way calling, mobile app • Multiple Geo-fences • Text message alerts</td>
<td><a href="http://www.alzstore.com/gps-locator-watch-triloc-p/0900.htm">www.alzstore.com/gps-locator-watch-triloc-p/0900.htm</a> 800-752-3238</td>
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<tr>
<td>Project Lifesaver Beltrami County Sheriff’s Office</td>
<td>1 ⅜” x 1 ⅛” x ½”</td>
<td>$300</td>
<td>$10/month for battery</td>
<td>• Lockable wrist or ankle bracelet • 30 day battery life • Trained emergency team responds to calls, average recovery time is 30 minutes • FM radio waves for increased accuracy in rural areas</td>
<td><a href="http://www.projectlifesaver.org">www.projectlifesaver.org</a> <a href="http://www.facebook.com/">www.facebook.com/</a> BeltramiCountySheriff 218-333-9111</td>
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