**A Community’s Dementia Friendly Activities**

Use this summary template to document your dementia friendly toolkit process milestones and accomplishments. It can help inform stakeholders, community members, and potential funders.

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| **Community Name** | **ACT on Alzheimer’s St. Louis Park** |
| **Month/Year** | December 2015 |
| **Mission Statement** | St. Louis Park (SLP) ACT on Alzheimer’s inspires all citizens to take ACTion to create an inclusive and supportive dementia-friendly community by increasing knowledge, raising awareness and understanding how the disease affects our community. |
| **Toolkit Process Milestones** | * Action team formed in 2013   + Our team was instrumental in the statewide efforts for ACT on Alzheimer’s. SLP was one of the original 5 pilot communities using the Dementia Friendly Communities Toolkit to engage our community in becoming prepared for the impacts of Alzheimer’s disease. Our team helped develop the toolkit’s community surveys and analysis tools, as well as the adapted Dementia Friends training being used across Minnesota and the country. * SLP action team performed 75 community surveys within 10 sectors, including caregivers, social service, local government, transportation, adult day, faith communities and community members (summer and fall of 2014). * Toolkit Phase 4 action plan completed fall of 2014   + Objective One – Education and awareness   + Objective Two – Improve the life of people living with the disease |
| **Dementia Friendly Actions** | Books and Library Committee   * Created book club kits – 7 community organizations showcased the kits. Kits included 10 books of Still Alice, study questions and a sign-out sheet. Team members were available to facilitate a book club discussion for anyone interested. * Distributed two books to “Little Free Libraries”: Still Alice and The Memory Box (a children’s book). Books were placed all 20 of the registered libraries in SLP. * All donated books included a bookplate on the inside cover with information about SLP ACT on Alzheimer’s. * Community awareness event held in collaboration with the Hennepin County Library - Keynote speaker Dr. Jennifer Olson gave an overview of Alzheimer’s disease, how it progresses, and tips for caregivers. In addition, a resident of SLP shared her story as a caregiver.   Long Term Care Training   * SLP action team researched several long term care training options to be offered to staff in facilities in SLP. Health Care Interactive was selected because it was reasonably priced, easy to use, available 24/7 from any computer, and a great example of person-centered care. * Dementia training is in process within almost all nursing homes, assisted living residences and adult day centers in SLP (one declined). * 79 professionals are being trained on the basics of dementia and dementia-related behaviors. This effort is tied to improving the quality of life for people living with the disease.   Other dementia friendly actions completed   * Created two bookmarks: one on the warning signs of dementia and the other with a reading list and ways to help a family. * Dementia Friends training–SLP action team members are trained as Dementia Champions and are now scheduling training throughout the community. The training has been offered to all city staff; all police officers and detectives in SLP have been trained. * A SLP team member trained all airport department heads and all airport fire department staff using a modified Dementia Friends training. * Hosted a screening of the movie Still Alice. Over 300 people attended. At a resource table in the lobby, team members talked with people who attended the film to help them find resources. * Co-hosted with ComForCare home care, a screening of the movie Alive Inside. Nearly 75 people attended to learn about the value of music when working with people with dementia. * Participated in the SLP Fire Department open house and provided resources to community members who attended the event. * Presented information to the Neighborhood Association Block Captains meeting. * Co-sponsored a local screening of the film Alive Inside. Approximately 100 people attended. * Currently working on an educational piece for caregivers. * Team members have been involved in other communities to help replicate our work, including the City of Edina, City of Minnetonka, St. Paul West 7th Neighbors, Roseville, and the Twin Cities Jewish Community. In addition, team members have consulted with other communities around Minnesota and nationally. * Hosted a sample of the *Powerful Tools for Caregivers* program at the Park Nicollet Successful Aging Initiative. * Made a presentation to the SLP City Council; it was videotaped and ran on cable TV. * Arranged a presentation at the Successful Aging Initiative by a SLP team member who shared her 15 year journey as a caregiver for her husband with young onset Alzheimer’s disease. |
| **Action Team Contact Information and Website** | Jonathan Lips [jonathanwlips@gmail.com](mailto:jonathanwlips@gmail.com?subject=ACT%20website)  St. Louis Park  <http://www.stlouispark.org/act-on-alzheimers.html> |