Thank you for joining us today!

We will begin at 2:00
ACTion Team 2014 Leads

Deborah Paone & Patti Hankes
Normandale Center for Healing & Wholeness

Valerie Burke & Andrea Bernhardt,
Edina Community Education & Edina Resource Center
Why Us?
We want to maximize the strengths of our aging population. We can and should support persons and caregivers dealing with this disease. We are all affected in some way or at some time. We are a community. We care.
What is ACT on Alzheimer’s?

A Collaborative

Statewide

60+ Organizations

300+ Individuals

Volunteer driven

Impacts of Alzheimer’s

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- Budgetary
- Social
- Personal
Goals of ACT on Alzheimer’s

- Identify & invest in promising approaches
- Increase detection & improve care
- Sustain caregivers
- Equip communities
- Raise awareness & reduce stigma
What is a Dementia Capable Community?

A dementia capable community is informed, safe and respectful of individuals with dementia and their families, provides supportive options, and fosters quality of life.
33 Communities ACTing on Alzheimer’s

7 COUNTY METRO AREA:
- Centro
- CLUES
- Edina
- Forest Lake
- MN Council of Churches
- North Minneapolis
- Roseville
- St. Louis Park
- St. Paul African American Faith Community
- St. Paul Neighborhoods
- St. Paul North East Neighborhoods
- Stillwater Area
- Twin Cities Jewish Community
Engagement by all sectors – toward building awareness and better response

ACTion Team members

Sectors:
- Community members
- Caregiver support services
- Social Services agencies
- Residential settings/Senior housing
- Health –
  - hospitals
  - clinics
  - home care
- Legal/Financial – future planning
- Employers/businesses
- Local gov’t
- Transportation providers
- Adult day programs
Four-Phase Guided Process & Our Journey 2014

Convene key community leaders and members to form an Action Team.

Assess current strengths and gaps within the community.

Review findings to understand your community’s needs and develop a plan to take action.

ACT Together to pursue priority goals to foster community readiness for dementia.
Results on Community Assessment

129 Total Surveys

All 13 Sectors (Business, Health, Gov’t, Housing, Social Services, etc.) included

Analyzed results in November

Community responses pointed to TWO priorities
Our Top 2 Priorities

• **Awareness**: Information and Education for People with Dementia and their families

• **Caregiver Counseling and Support Groups, Future Planning, Caregiver Supports**
Selection Process

Specific
Measurable
Achievable
Realistic
Timely
Brainstorming & Consensus Vote

• Facilitated Activity - Identify Actionable Tasks
• Narrowed Choices - Two Activities
• Achieved Group Consensus
  • Dementia Friends
  • Caregiver Supports
“Dementia Friendly” Educational Sessions

*Dementia Friends* - is a 1-hour educational experience, in a small group setting. It started in the United Kingdom and was piloted last year in St. Paul.

We are able to pick up the well-developed materials and have trained volunteers from our ACTion team to conduct sessions in Edina *(trainers are called Dementia Champions)*
Please enjoy this 3 minute video that portrays a community in Scotland that has worked to become “Dementia Friendly”

http://www.dementiafriendsscotland.org/
Edina Phase 4 – Dementia Friends Sessions

- More than **8+ organizations** stepped forward
- Each will host 1 **Dementia Friends** session
- **1 session per month** (May through December 2015)
- Registration through **Edina Community Education**
- Those trained (“Friends”) will be asked to select **ONE way** that they will use the training
Volunteer Programs Assisting Alzheimer’s Caregivers

Examples in Edina

✓ Alzheimer’s Caregiver Support Groups
✓ *Memory Companions* through the Center for Healing & Wholeness
8 Dementia Friends Sessions in Edina:

May
June
July
August
September
October
November
December
Building our Edina Community

- Bring a friend/work colleague
- Take “ACT”ion to improve the lives of caregivers and persons with this disease

Free to all
Register early!

https://edina.thatscommunityed.com/
ACTion Team Organization:

Our Lady of Grace
Beryl Schewe, Director of Pastoral Care
ACTion Team Organization:

Fairview Southdale Hospital
Cathy Utne, Director
Patient & Guest Services
ACTion Team Organization:

Edina Senior Center
Donna Tilsner, Director
Welcome

Mary Margaret Lehmann
ACT Edina

How Can We Help?

Learn more. Visit www.actonalz.org
Take a Dementia Friends training.
ACT on what you learned.
Questions?
Thank you to the YMCA for hosting us today!
ACT Edina

Reception

Enjoy refreshments & conversation until 4:00 PM